

## Potential Benefits of CROS Systems in Classrooms

ERIN M. PICOU, AUD, PHD

6TH EUROPEAN PEDIATRIC CONFERENCE

CURRENT DEVELOPMENTS AND NEW DIRECTIONS IN PEDIATRIC AUDIOLOGY

MUNICH, GERMANY



17 MAY 2019

09:15 - 09:45





### Disclosures

Collaborators

- Anne Marie Tharpe (Vanderbilt University Medical Center)
- Dawna Lewis (Boys Town National Research Hospital)
- Gina Angley (Vanderbilt University Medical Center)
- Hilary Davis (Vanderbilt University Medical Center)



Funding support

Phonak







Other support

• Amy Stahl, Haiping Huang, Emily Thompson, Javier Santos, Christine Jones, Lori Rakita



## Unilateral hearing loss

Highly prevalent

- Unilateral hearing loss more prevalent than bilateral hearing loss Niskar et al (1998) JAMA, 279, 1071-1075
- 3% of school-aged children *Bess et al (1998) Ear Hear, 19, 339-354*

#### Risk of academic failure

- 35% repeat a grade Bess & Tharpe (1986) Ear Hear, 7, 14-19
- 10x more likely to fail a grade *Oyler et al (1988) LSHSS, 19, 201-210*

Reduced well-being (stress, self-esteem, social support) Bess et al (1998) Ear Hear, 19, 339-354

Poorer speech and language outcomes *Lieu (2004) Arch Otolaryngol Head Neck Surg, 130, 524-530.* 



### Interventions in classrooms

#### Minimally invasive

- Nothing
- Preferential seating

#### Surgical options

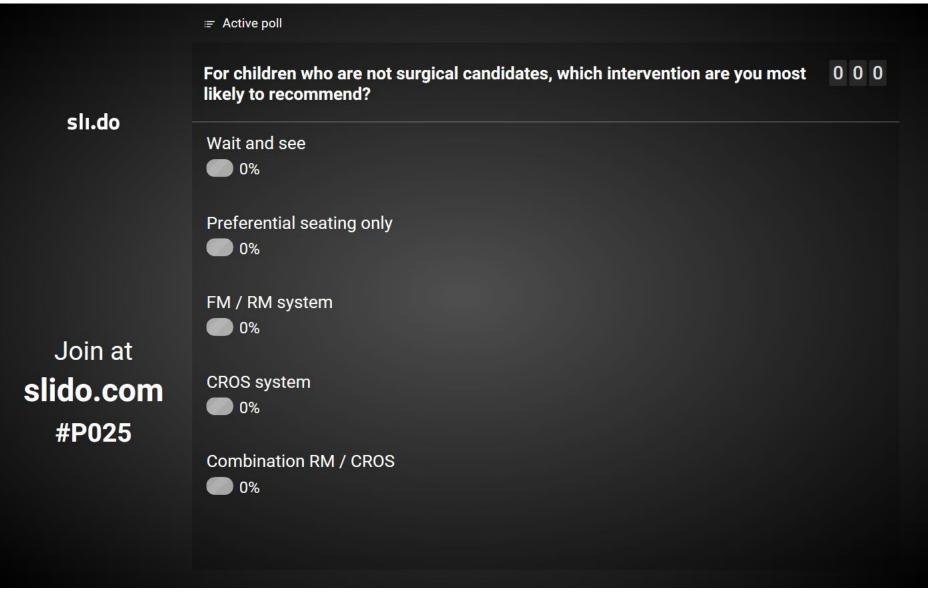
- Osseointegrated devices
- Cochlear implantation

#### Amplification options

- FM / remote microphone system
- CROS system









# Review of available literature for CROS / RM for school-aged children

#### **SURVEY STUDIES**

#### Miller (1967) J Speech Hear Dis

- Teachers and parents reported favorable adjustment to body worn CROS
- Purcell et al (2016)
- CROS retention rates nearly 70% for children with LUHU

### Shapiro (1977)

 7 of 8 participants reported favorable CROS benefits

#### LABORATORY STUDIES

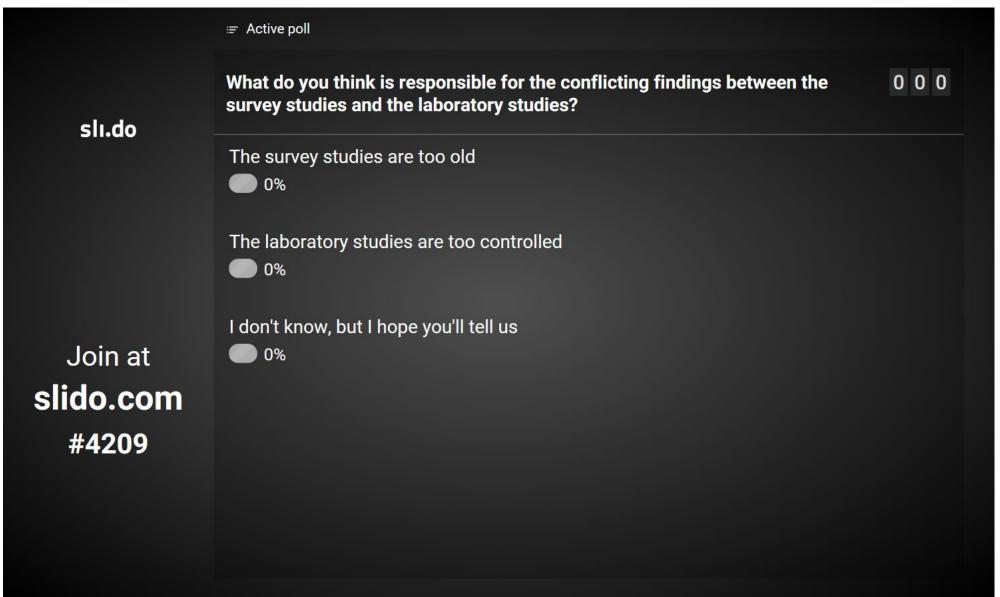
#### Kenworthy et al (1990)

 RM provides the most consistent benefits and CROS only provides benefits in monaural indirect conditions

#### Updike (1994)

 RM improved speech recognition in noise and CROS can make speech recognition worse







## How to reconcile the discrepancy between survey and laboratory studies?

Survey studies are out dated?

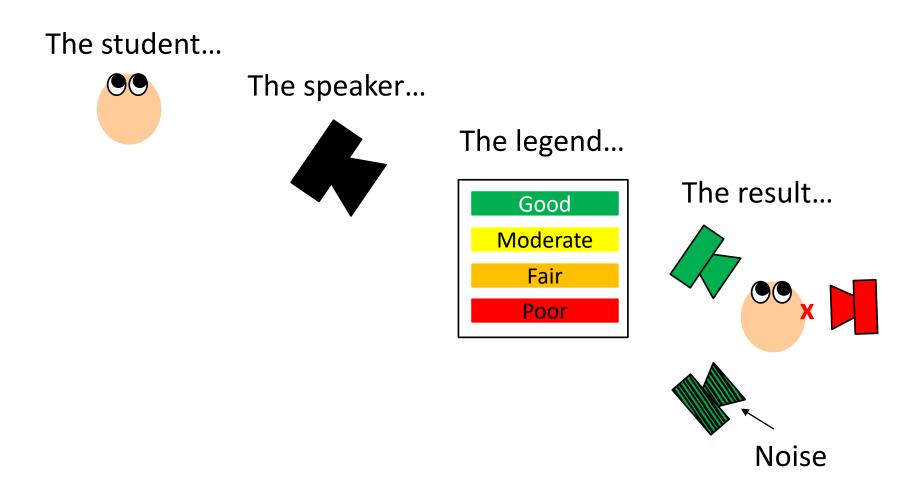
- Miller (1967) and Shapiro (1977) little data or methodology reported
- Purcell (2016) up to date, but observational

Laboratory studies too controlled to reflect contemporary classrooms?

• Perhaps... let's take a look...

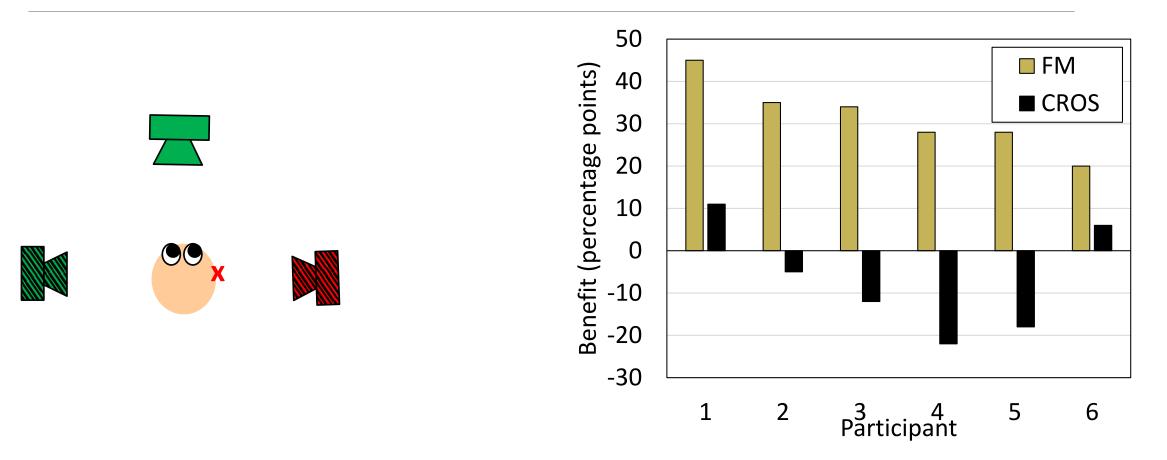








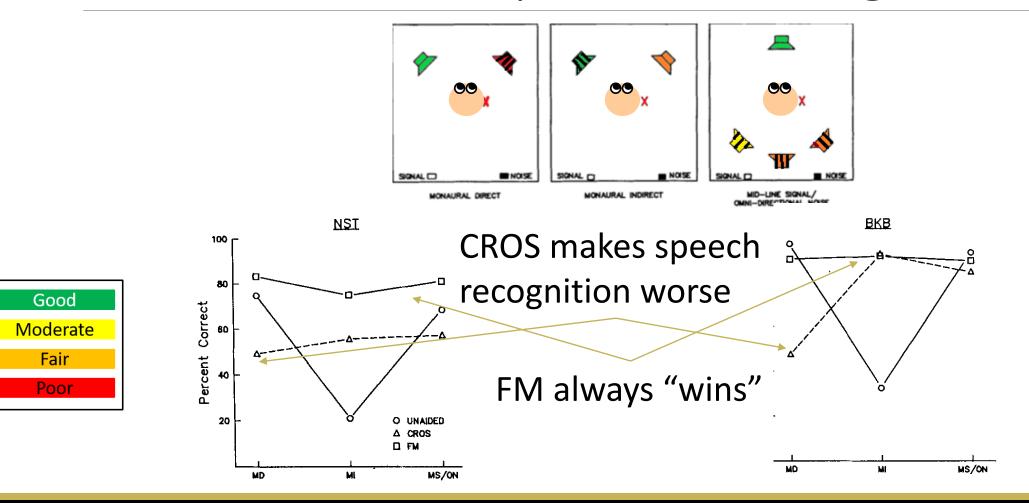
# RM helps in noise and CROS hurts in noise



Data from Updike (1994) J Am Acad Audiol, 5, 204-209



### CROS benefits depend on configuration



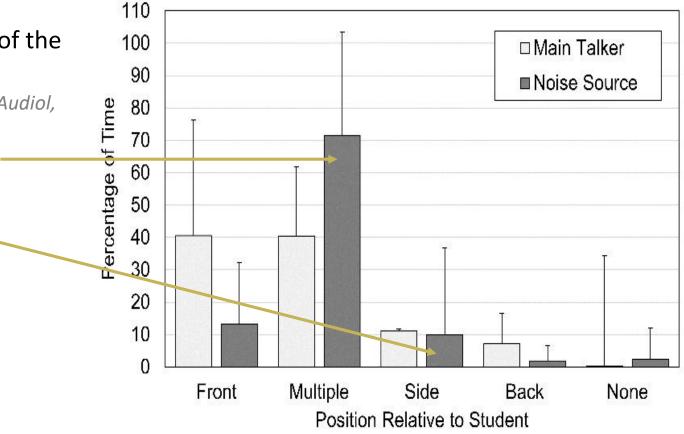
Kenworthy, Klee, & Tharpe (1990) Ear Hear, 11, 264 - 270



## What are classrooms like?

#### Complex and dynamic

- Noise is present approximately 80% of the time
  - Crukley, J., S. Scollie & V. Parsa (2011). *J Educ Audiol, 17,* 23-35
- Noise primarily surrounds a student Ricketts et al (2017) JSLHR, 60, 263 - 275
- Noise rarely direct to the side



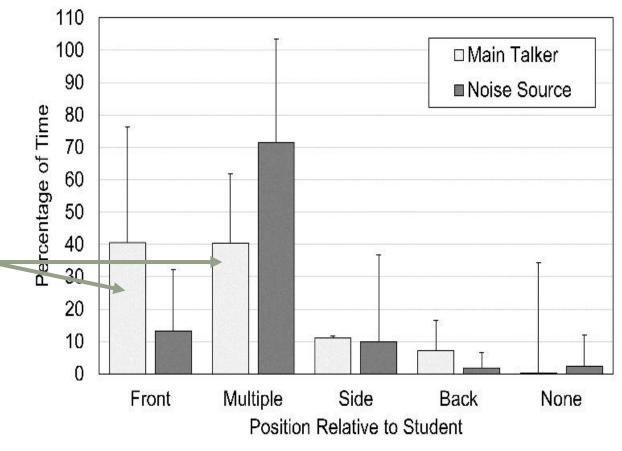
Ricketts, Picou, & Galster (2017) J Speech Lang Hear Res, 60, 263 - 275



## What are classrooms like?

### Complex and dynamic

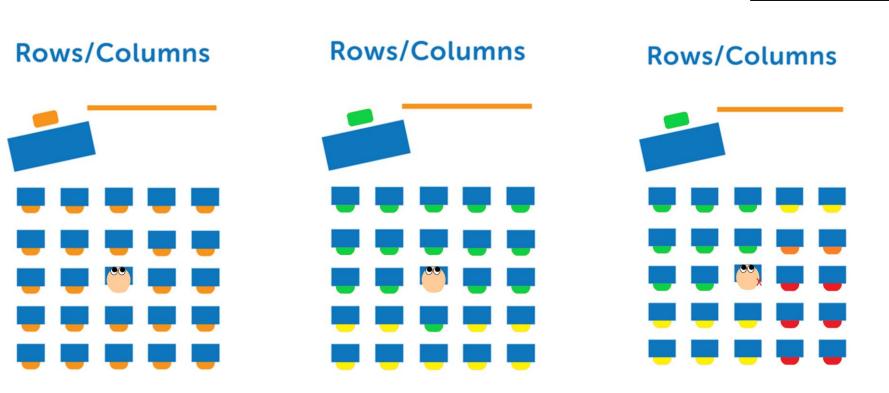
- Noise is present approximately 80% of the time
  - Crukley, J., S. Scollie & V. Parsa (2011). *J Educ Audiol*, *17*, 23-35
- Noise primarily surrounds a student Ricketts et al (2017) JSLHR, 60, 263 - 275
- Noise rarely direct to the side
- Talkers of interest could be anywhere, but are often from the front or in multiple locations





Poor

# Classrooms include diverse talker

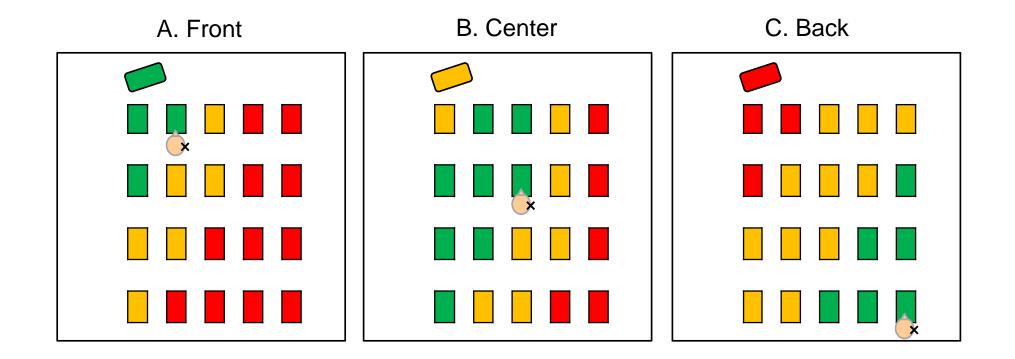


Normal hearing bilaterally

Right unilateral loss



## Seat assignment affects expected speech understanding in classrooms



Adapted from: Picou, Davis & Tharpe (in review) LSHSS



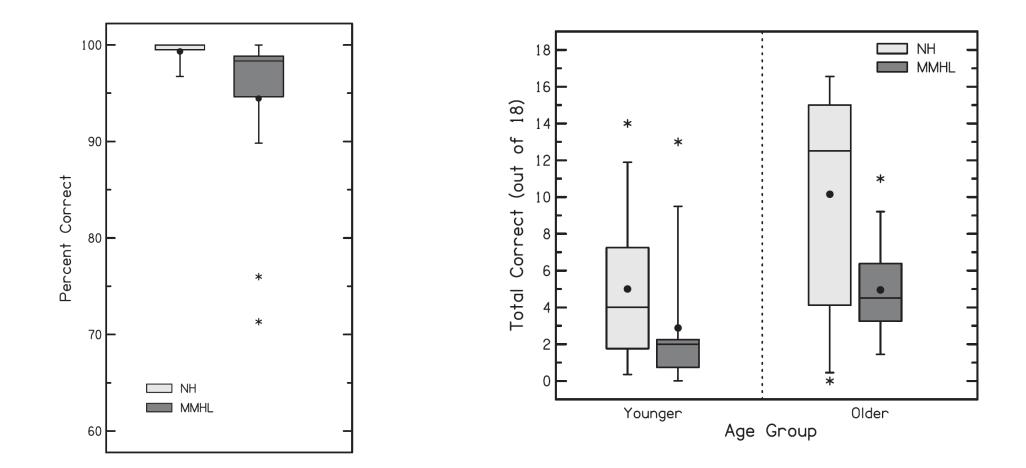
# Classrooms are places of learning and comprehension



Lewis et al (2015) Ear Hear, 36, 136 - 144



# Comprehension *more* sensitive to the effects of mild / unilateral hearing loss



Lewis et al (2015) Ear Hear, 36, 136 - 144



## Updating evidence for CROS / RM in dynamic classroom situations

Goal was to take into consideration

- Various talker locations
- Diffuse noise
- Updated CROS / RM technology
- Comprehension and recognition
- Live stimuli in simulated classroom
- Survey and laboratory evidence





## General Methodology

#### Participants

- First study: Children with normal hearing, 10 14 years old, simulated unilateral hearing loss
- Second study: Children with limited useable hearing unilaterally (LUHU; also known as SSD)

#### Tasks

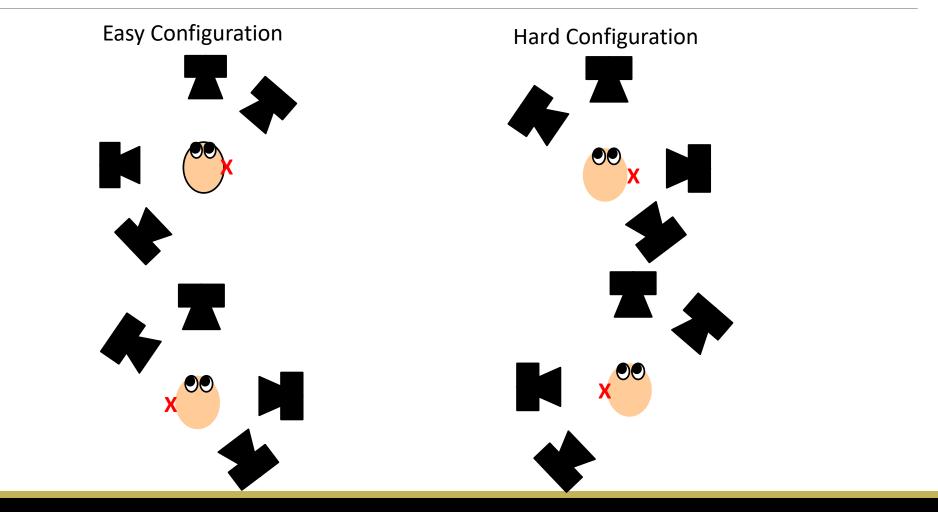
- Speech recognition
- Story comprehension

Test environment

- Moderate reverberation (T30 = 475 ms)
- Signal to noise ratio: +7 (Speech 62: Noise 55)
- Multi-talker babble

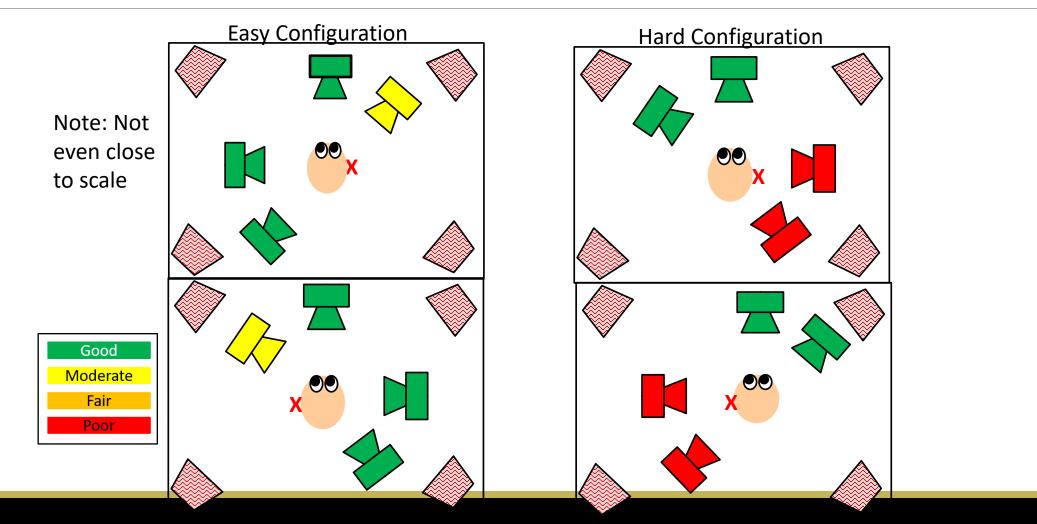


## Test Environment





## Test Environment





## Hearing Aids: BTE Sky v70 M312

### 1) CROS

- Microphone on ear with hearing loss
  - Real Ear Sound
  - Demo hook
- Receiver on ear with normal hearing
  - Ultrazoom
  - Non-occluding, non-custom eartip

### 2)Roger microphone

- Microphone
  - 6 cm in front of loudspeaker in center
  - "Lanyard" directionality
- Receiver on ear with normal hearing
  - Ultrazoom
  - Non-occluding, non-custom eartip





## Sentence Recognition

Hearing in Noise Test for Children (HINT-C)

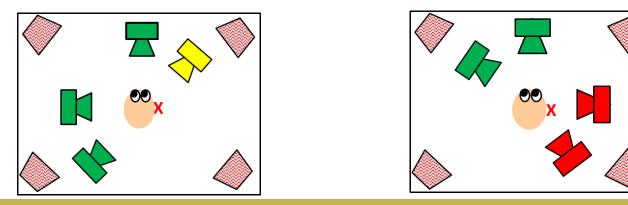
One sentence at a time

One list per loudspeaker

Interleaved in each configuration

Participant repeated one sentence at a time

Scored at word level by experimenter



Gelnett et al (1995) Am Acad of Audiol Conference, Dallas TX



## Story Comprehension

Task developed by Dawna Lewis and colleagues at Boys Town

Fairy tales translated from foreign languages

Each loudspeaker/monitor combination displays a talker and presents her voice

Each talker reads a few sentences of the story

Story split between 4 loudspeakers

Participants heard each story only once





## Story Comprehension Test Environment



Roger microphone location



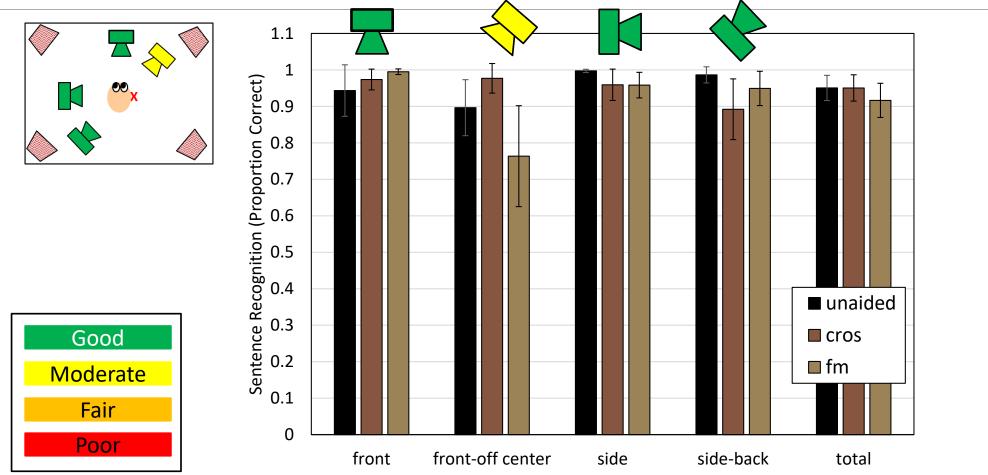
## Sentence Recognition Test Environment



Roger microphone location

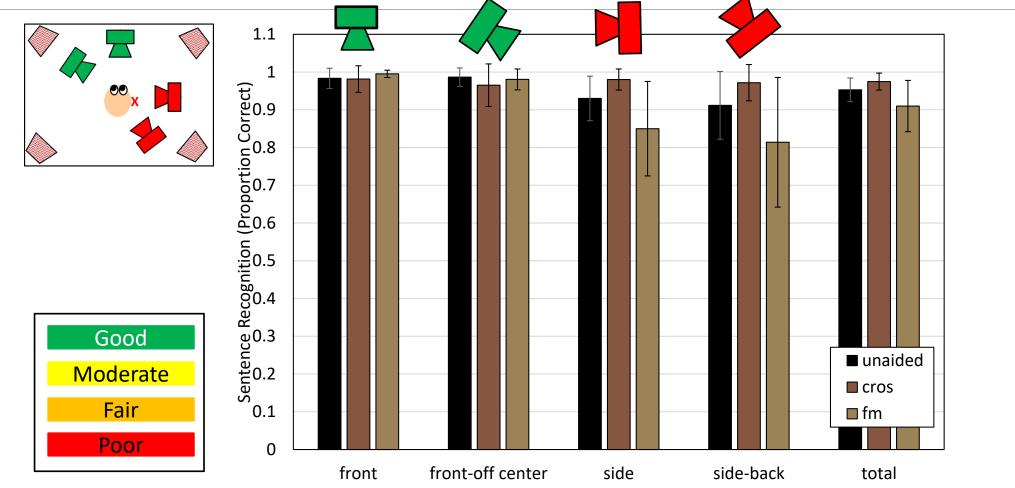


## Sentence Recognition: Easy Configuration



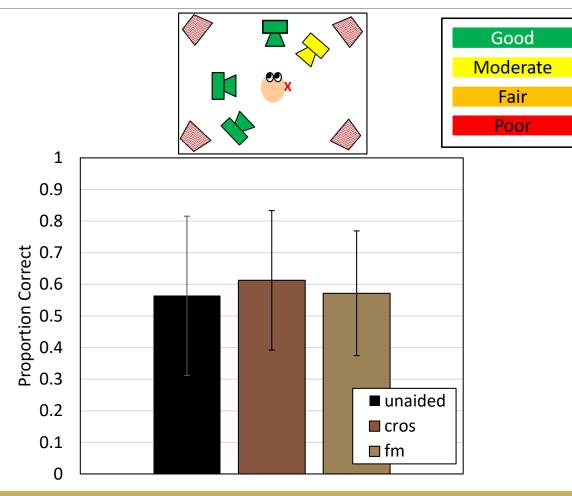


## Sentence Recognition: Hard Configuration



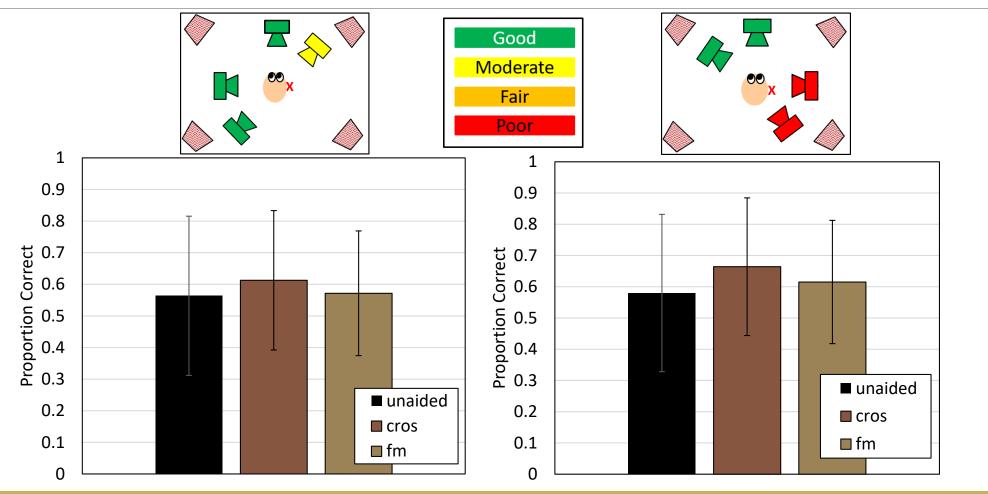


## Story Comprehension: Easy & Hard Configurations



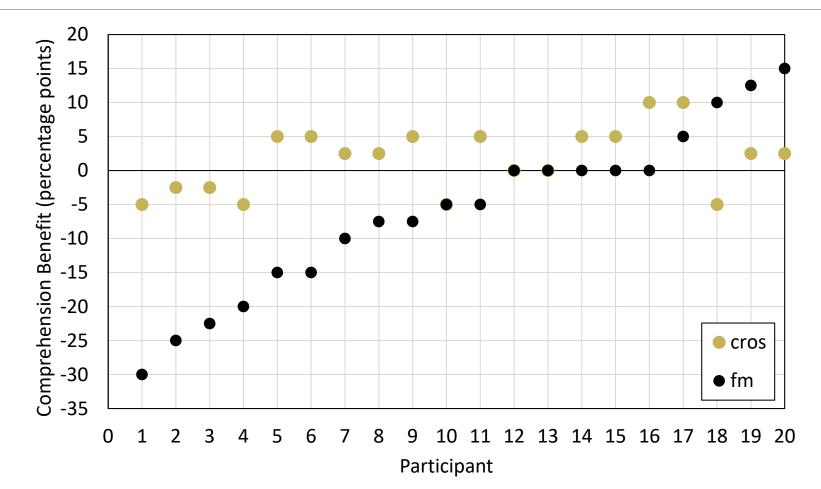


## Story Comprehension: Easy & Hard Configurations



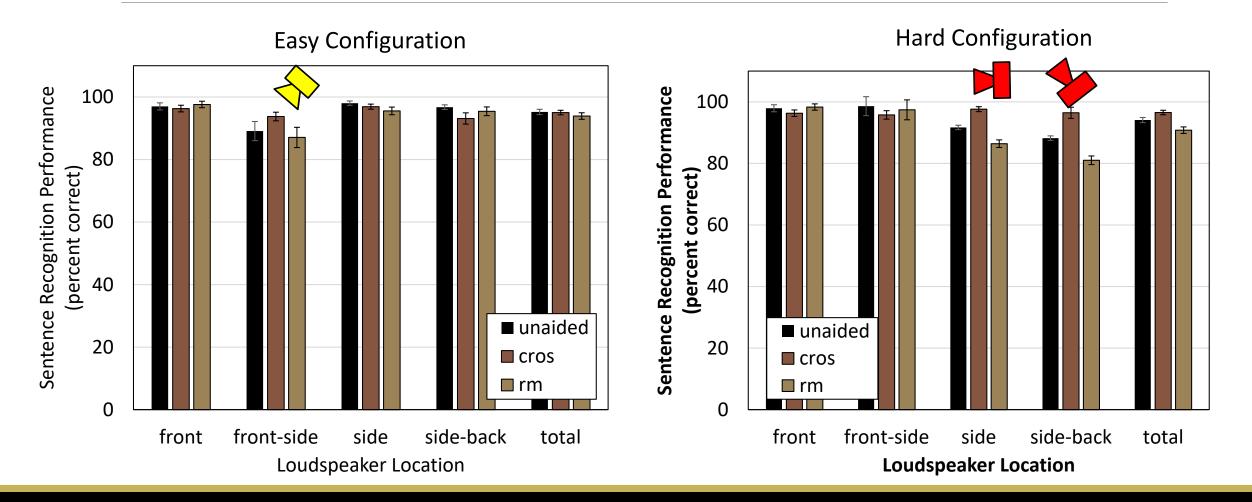


## Story Comprehension Benefit



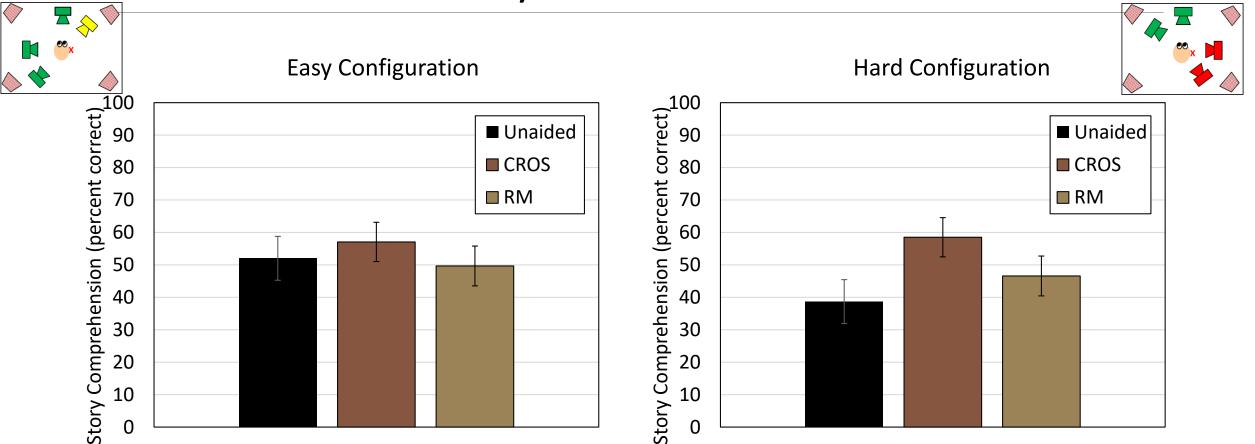


# CROS also helps children with hearing loss in monaural indirect situations





# Comprehension consistently the best with the CROS system





## Laboratory study summary

Laboratory situation reflecting contemporary classrooms

- Reverberation
- Head movement
- Dynamic talker location
- Comprehension AND recognition

Updated hearing aid technology

- Non-occluding eartip
- Directional microphones

\*\*CROS can improve speech recognition and comprehension, especially for talkers without the remove microphone\*\*



## What about CROS in "real" school listening situations?

I am in a classroom in the front. The teacher in the front is telling the class what to do.



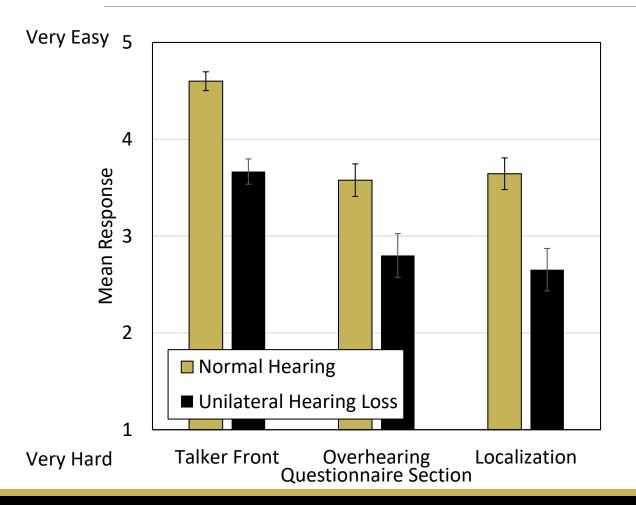
UNAIDED

AIDED

Very easy A little easy Not easy or hard A little hard Very hard A lot better WITH hearing aid(s)A little better WITH hearing aid(s)Same WITH and WITHOUT hearing aid(s)A little better WITHOUT hearing aid(s)A lot better WITHOUT hearing aid(s)



# Children with UHL have more difficulty in classrooms situations than their peers



#### Talker Front

 "I am in a classroom in the front. The teacher in the front is telling the class what to do."

#### Overhearing

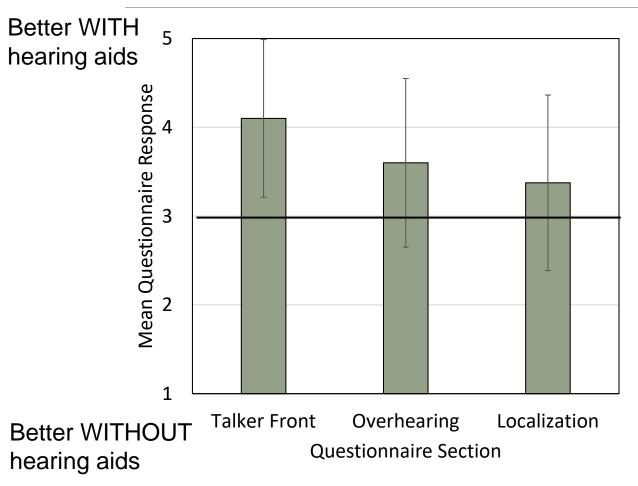
 "I am listening to the teacher in class and kids start talking quietly behind me and I want to know what they are saying."

#### Localization

 "I am at a noisy party and I hear someone say my name. I want to find where they are."



## Students with CROS experience note benefits (mostly)



Responses from 10 established CROS users

Asked to consider the same situations:

- Better WITH hearing aids
- Same WITH and WITHOUT hearing aids
- Better WITHOUT hearing aids

Benefits most apparent for "talker front" situations and lowest for "localization" situations



## Summary

Unilateral hearing loss significantly increases risk of academic and language difficulties in schoolaged children

#### No consensus on optimal interventions

Previous studies on CROS/ RM revealed mixed results

- Survey studies suggest CROS beneficial with high use rates
- Laboratory studies suggest RM provide most consistent benefits

Resolution of the conflicting findings is related to:

- Age / validity of survey studies
- Controlled nature of laboratory studies

Updated evidence suggests

- CROS benefits evident in contemporary classroom laboratory environment
- CROS benefits evident in survey data regarding classroom experiences



CROS systems help children with unilateral hearing loss in "real" classrooms





# Do we need to take RM systems out of the classroom?

No. These data demonstrate small, but consistent, benefits in a contrived listening situation

- Equal weight to teacher and peer
- Specific speaker configuration

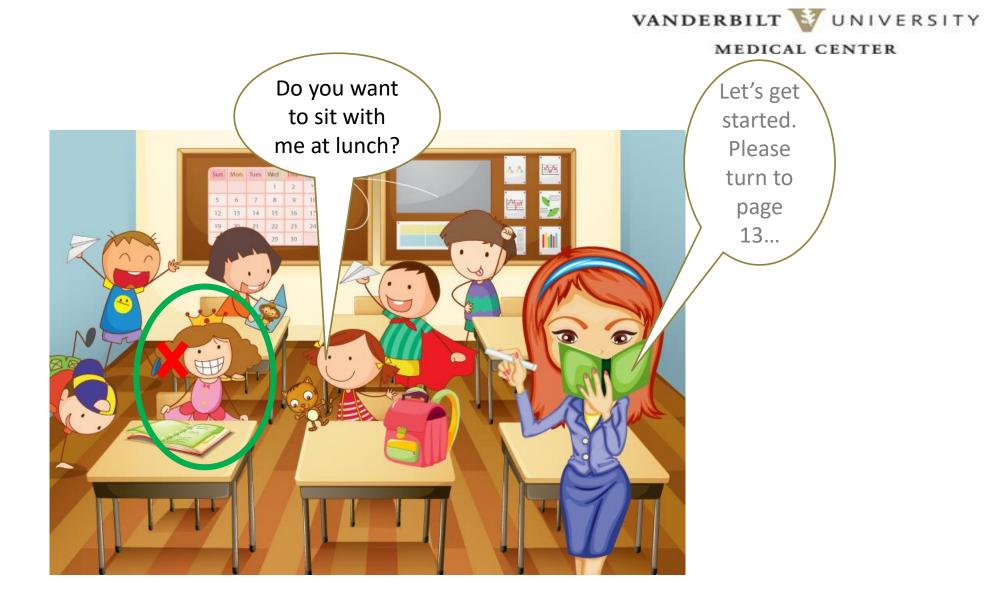
FM systems are best for

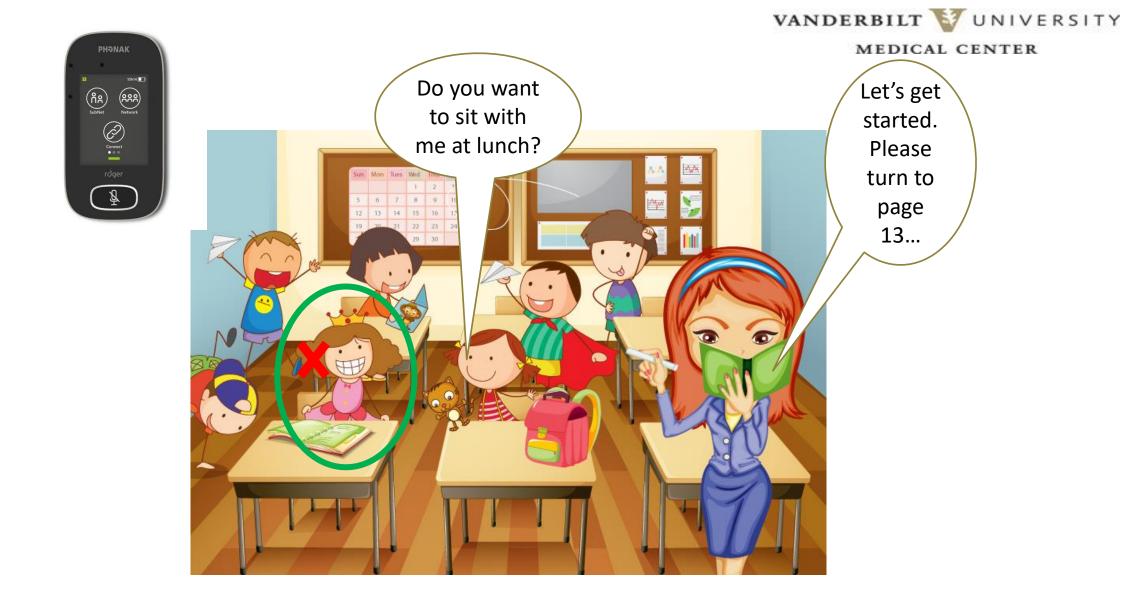
- Situations with a single talker (structured lecture, play)
- Younger children who might not orient themselves towards the talker

Do consider CROS as a possible solution for students

- Peer input is important
- Student is older
- Student rejects an FM system



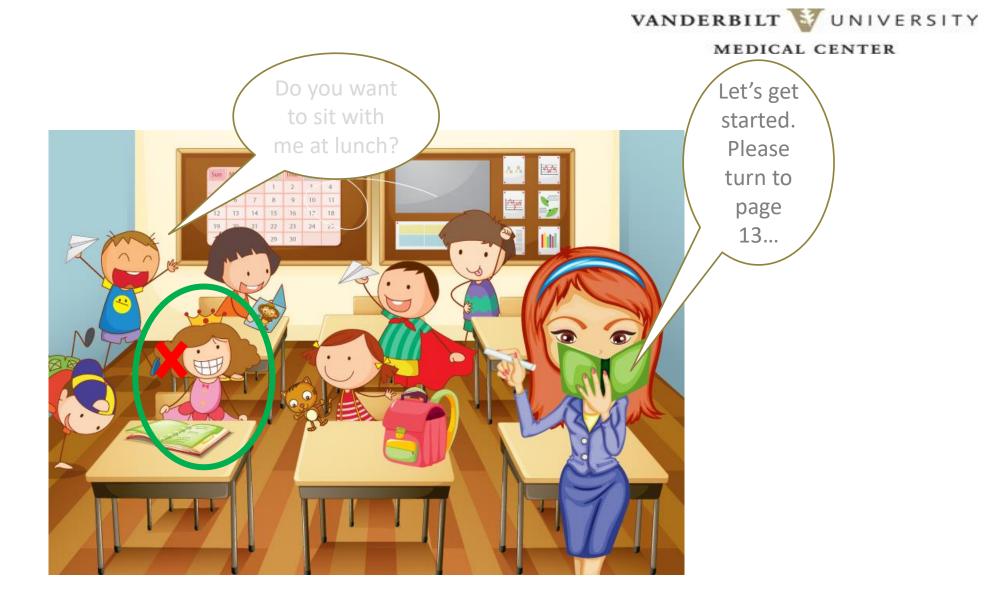


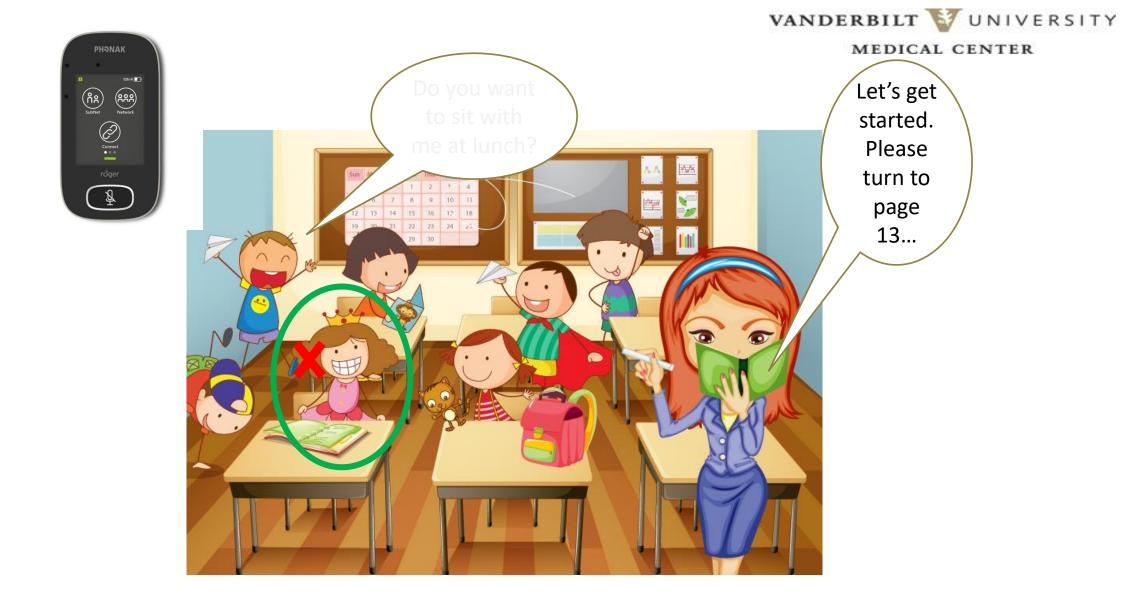


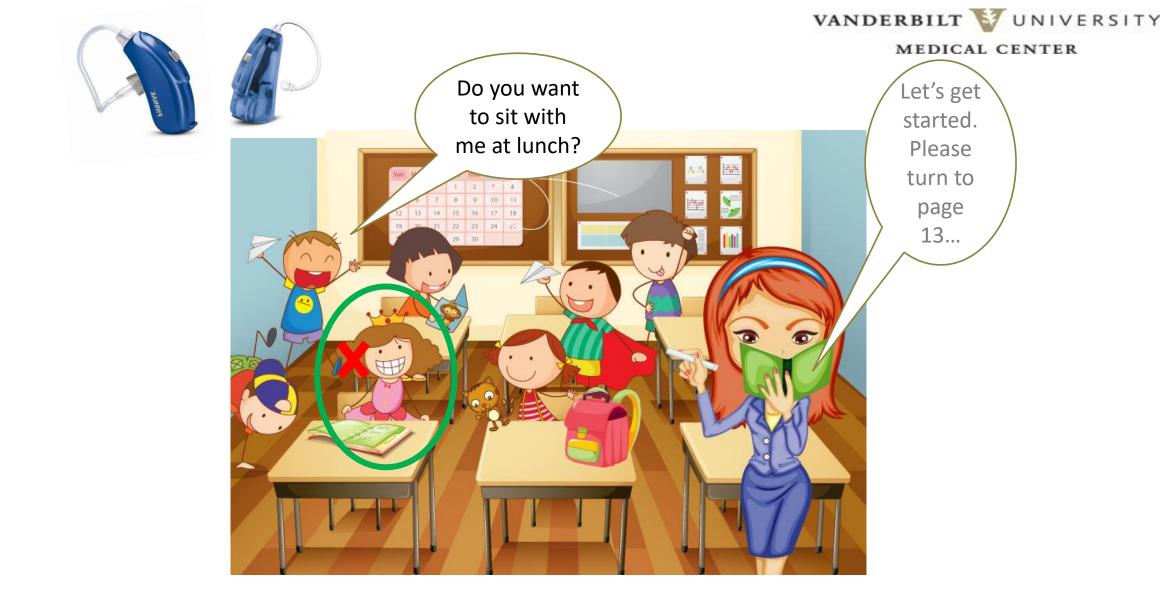














### Take home message

CROS has the potential to help children with unilateral hearing loss in modern classrooms

Benefits most apparent

- Talkers directed towards the ear with hearing loss
- Peers without the remote microphone

### Combination RM and CROS will work for most situations

- RM + CROS simultaneously
- RM + CROS with manual / automatic switching
- Sound field RM + CROS

