

Diagnosis and Management of ANSD: Outcomes of Cochlear Implants versus Hearing Aids

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Auditory Neuropathy Spectrum Disorder (ANSD)

- Also referred to as: auditory neuropathy, auditory dys-synchrony, auditory synaptopathy...
- Hearing impairment in which cochlear outer hair cell function is "normal" but afferent neural transmission is disordered
- Indicated by the presence of pre-neural responses (OAE / CM) with absent or severely disrupted auditory neural responses (ABR)

CM/ABR tracings for a 3mo old with ANSD (1989)



Possible mechanisms producing the ANSD result pattern

 Cochlear damage restricted to the inner hair cells (IHC)

HC/auditory nerve synapse

Auditory nerve abnormality

 reduced neuronal population
 disruption of neural synchrony

- cochlear nerve deficiency

- tumour

Paediatric ANSD

- Congenital/Perinatal

 » anoxia
 » hyperbilirubinaemia

 Progressive

 Neurodegenerative disease
 » Onset physical symptoms
 - » Onset physical symptoms usually in adolescence
 » Identified earlier (routinely see 1-4 yr olds in clinic)
 - » Hearing difficulties often the first presenting symptom

ANSD Clinical Profile

♦Prevalence

- Congenital/Perinatal ANSD
 » 1 in 800-1000 children show permanent hearing loss
 » 5-15% of those present with the ANSD result pattern
- Neurodegenerative disease
 - » List of diseases associated with ANSD growing
 - ◆ FRDA/CMT/LHON/ADOA...
 - » relatively rare
 - » Friedreich ataxia most common: ≈ 1 in 20,000

ANSD Clinical Profile

Behavioural audiogram

- -Level: normal hearing to profound loss
- -All configurations: $\approx 30\%$ low frequency
- -Fluctuating hearing

Acoustic reflexes

-Typically absent (regardless of hearing level)

Functional hearing

– Impaired speech perception

Speech Perception

- Consistently reported problem in both adults and children with ANSD
- Difficulties out of proportion with the behavioural audiogram
 - Abnormal speech perception in subjects with "normal hearing"
 - Subjects with elevated hearing thresholds show speech perception poorer than for SNHL of equivalent degree

Open-set Speech Perception v Hg Level for Children & Adults with ANSD





Why is speech perception often poorer than expected?

Signal distortion

- Timing of neural conduction disrupted
- Impaired perception of temporal cues in speech
 - Inability to judge vowel duration
 - » eg. hid vs heed
 - Inability to discriminate consonants based on timing cues
 - » eg. pin vs bin tin vs din

Different to sensorineural hearing loss

Temporal processing typically normal



Speech Perception in Noise



 Extreme difficulty reported in adults and children with ANSD (Kraus et al., 2000; Rance et al., 2007; 2010; 2012; Starr et al., 1998)

 Some cases show normal understanding in quiet and negligible perception in "everyday" listening conditions









Clinical Management of ANSD

Children with ANSD form a heterogeneous group

- Range of different aetiologies
- Different clinical presentations

Neural distortion (to varying degrees)
 Perceptually quite different to children with SNHL

 Standard management approaches may not apply

Management of Children with ANSD

Hearing Aids vs Cochlear Implants





Conventional Amplification

- Arguments against amplification
 - » Inherent pathway limitations
 - » Potential for cochlear damage
- Argument for amplification
 - » Increased access to the speech signal (if sufficient gain is provided)

Speech perception outcomes
 » 40-50% show significant benefit



Cochlear Implantation

 Currently the option of choice for most individuals with ANSD

- Speech Perception Outcomes
 » Most reported cases have performed at levels similar to peers with SNHL
 - »Some poor results
 - » Teagle et al. (2010)
 - » 52 children with open-set scores
 - » 27% of cases showed speech perception scores <30%</p>

ANSD Management: Hearing Aids / Cochlear Implants

- ◆ Speech Perception (Rance & Barker, 2008)
- ♦ Subjects
 - Aided ANSD children
 - Implanted ANSD children
 - Implanted SNHL children

(N=10) (N=10) (N=10)

♦ Assessment

- Open-set speech perception (CNC-Words)
- Free-field presentation
- Normal listening condition

Open Set Speech Perception



Open Set Speech Perception



Open Set Speech Perception



ANSD Management: Hearing Aids / Cochlear Implants

- Melbourne Long-Term Outcome Study
 - Infant ANSD first identified in Melb (1989)
 - Tracking these individuals from infancy to adulthood
- ◆Longitudinal data
 - Audiometry
 - Basic auditory perception (temporal/frequency processing)
 - Speech perception (quiet/noise)
 - Hearing disability ratings
 - Expressive/receptive language development

Long-term Language Development in ANSD

Receptive Language

- Peabody Picture Vocabulary Test (PPVT)
- determines an "equivalent language age" based on norms for normally hearing/developing children
- ◆ Longitudinal data: (4 yrs 20 yrs)
- Subjects (April 2014)
 - Aided ANSD children (n=8)
 - Implanted ANSD children (n=6)
 - Implanted SNHL children (n=12)















ANSD Management: Hearing Aids / Cochlear Implants

Conclusions

 Most implanted children with ANSD show speech perception and language outcomes equivalent to those of young implantees with SNHL

 Some children with ANSD managed with conventional hearing aids can perform as well as the average implantee

Clinical Challenge

- How to predict whether a newly diagnosed baby will perform better with conventional hearing aids or CI?
- Considerations
 - Anatomy: if a child has no nerve then a CI will not be beneficial
 - Sound detection thresholds: if hg levels are in the severe/profound range the child is unlikely to benefit from amplification (same audiologic selection criteria as for SNHL)
 - Auditory capacity: perceptual ability in cases with mild/severe loss range determined by the degree of temporal distortion
- Current Research Objective
 - Measure auditory processing (in infancy) predict long-term outcomes

Summary

- 20+ years of experience with paediatric ANSD has led to significant advances
 - Understanding of mechanisms
 - General pattern of functional outcomes

 Results in individual children are highly variable and so the management of affected youngsters remains a challenge...

Thankyou

