

# Outcomes of the Meeting and the Challenge for the Future

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#### Outcomes



#### Learning new things about cognition...

- Peripherally induced central changes = changes to the peripheral auditory system can lead to changes in the central auditory system and to changes in the brain
- The brain helps the ears out and vice versa untreated hearing loss can put people at risk for cognitive decline
- Compensation strategies a key to successful aging
- 'use it or lose it'



#### **Outcomes**



## Learning new things about change with age...

- Speed of processing, episodic memory, PTA and speech perception decrease with age but there are very large inter individual differences – beware of stereotypes
- Listening is more effortful for older people they benefit greatly from context but it takes a lot of brain power to do this
- The implications of a mismatch between input and output – hearing impairment associated with decreased long term memory



 Speech and language changes common in older adults (dementia, aphasia, Parkinsons disease).
 Need to provide visual information to augment auditory to optimize comprehension

Outstanding benefits of lipreading even with poor

vision



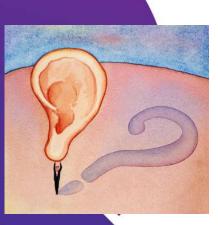


#### **Outcomes**



### Learning new things about interventions...

- Older people are waiting 10 years to take action.
   Average age in UK for first action is 74 years but this may decrease with the baby boom generation
- Hearing aids benefit older people including those with dementia but the 'extra' benefits of higher level technology not clear
- Careful consideration is being given to designing hearing aids and earmoulds for the older population







- The importance of focusing on communication rather than on hearing alone – remembering the context of older people's lives (UD)
- Older adults need intervention options communication training, hearing aids, FM systems, information.....
- Need for assertiveness training that is situation specific and include writing in preparation for assertiveness



### Challenges



Screening of older adults - what form should it take?

CAP assessment of older adults – what form should it take? What are the implications for rehab?

Developing better measures eg everyday conversation abilities, readiness for intervention?

Clear need for interdisciplinary collaboration – how can it be achieved?



#### Some fun...

Binasal hearing aids

The Big Pineapple

Mice with golden ears

Navel-lint test

Techno-granny

How do you get a pure-tone audiogram from a gerbil?



#### Thank You

- Phonak Switzerland and Phonak US
- Audiovisual team
- Session moderators
- Speakers
- Poster presenters
- Steering Committee Kathy Pichora-Fuller, Sophia Kramer, Ulrike Lemke, Chris Lind & Larry Humes