Comparison of Benefits Provided by Various Hearing Aid Technologies in Older Adults

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IU Hearing Aid Outcome Studies

- Four primary studies conducted over the past decade
 - IU-1: 173 older adults fit with analog, linear, Class D fullconcha ITE hearing aids
 - IU-2: 53 older adults fit with analog, 2-channel, WDRC ITC hearing aids
 - IU-3: 109 older adults fit with digital, 4-channel, WDRC ITE hearing aids, ½ with directional mics
 - IU-4: 35 older adults fit with digital, 6-channel, WDRC BTE open-fit devices with directional mics
- Primary focus in each study was on individual differences in outcome—what to measure and when—but looking across studies allows a comparison of technologies

Group Comparisons of Technology: Subject & Technology Characteristics

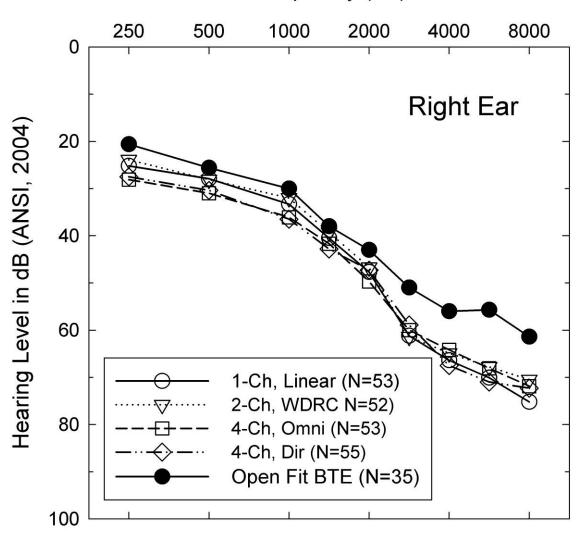
GROUP	N	AGE (M, sd)	BHFPTA*	%MALE	%NEW users
1-Ch, Linear	53	74.0 (6.7) y	48.4 dB HL	66	74
2-Ch, WDRC	52	74.6 (7.0) y	48.3 dB HL	66	74
4-Ch, Omni	53	75.4 (6.4) y	50.3 dB HL	60	67
4-Ch, Dir	56	74.5 (7.6) y	50.9 dB HL	71	71
Open Fit BTE**	35	73.6 (8.0)y	44.0 dB HL	51	71

^{*}BHFPTA = Bilateral pure-tone average at 1000, 2000 and 4000 Hz

^{**6-}channel, WDRC, Directional mic

Audiograms

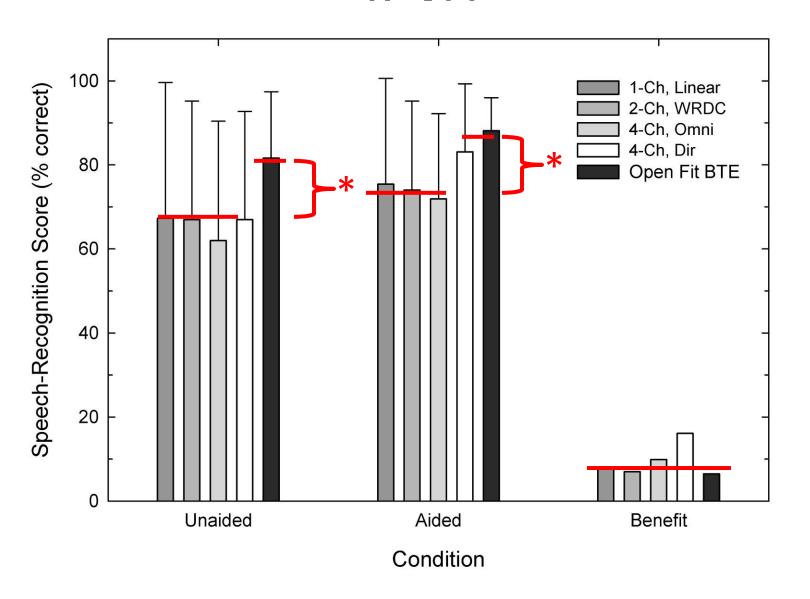
Frequency (Hz)



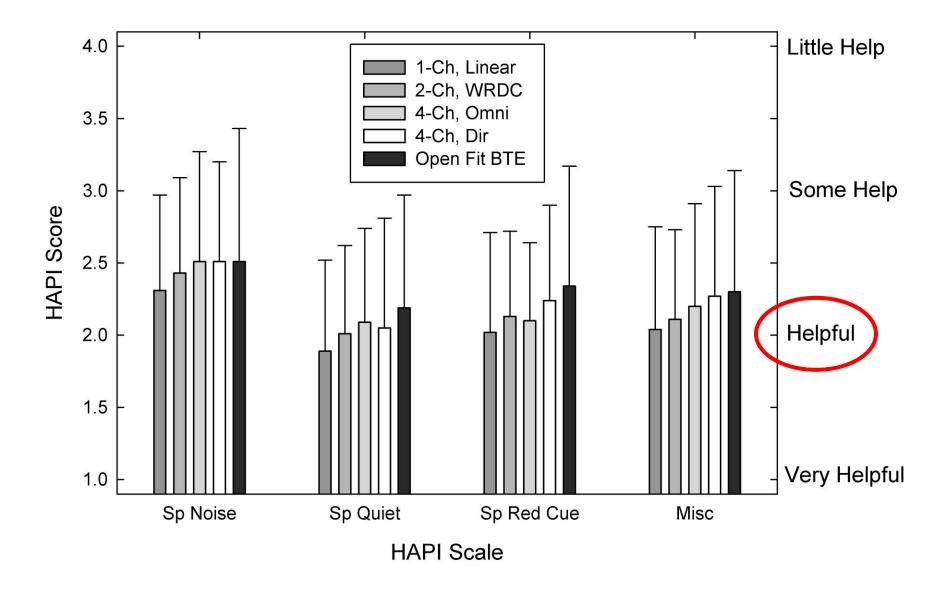
Outcome Measures Included

- Connected Speech Test (CST), 65 dB SPL, +8 dB
 - Speech at 0-deg azimuth, babble at 180-deg
- Hearing Aid Performance Inventory (HAPI)
 - Four subscales of self-reported benefit ("help")
- Glasgow Hearing Aid Benefit Profile (GHABP)
 - Three subscales of benefit, satisfaction, usage
- MarkeTrak Hearing Aid Satisfaction Survey
 - Hearing aid features and listening situations
- Daily Hearing Aid Usage Diary

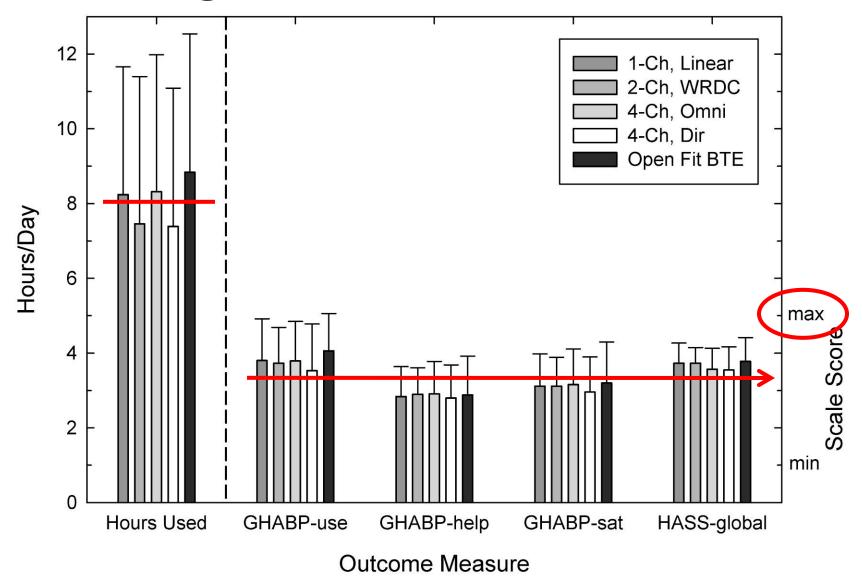
Speech-Recognition Performance



Hearing Aid Performance Inventory



Usage, Satisfaction, Benefit



Interim Summary

- When well-fit "contemporary" hearing aid technology is incorporated into bilateral hearing aid fits in older adults...
 - average outcomes are positive in several outcome domains, but
 - average outcomes don't vary systematically with technology

Perhaps, We've Not Been 'Looking' in the Right Place???

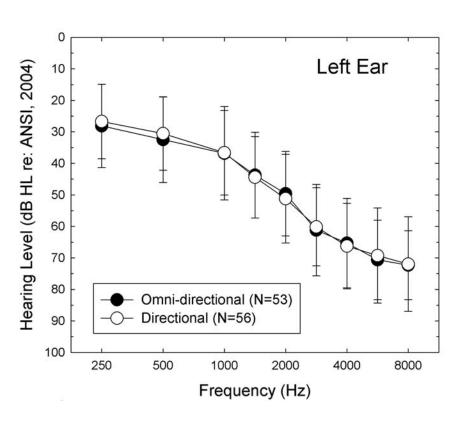


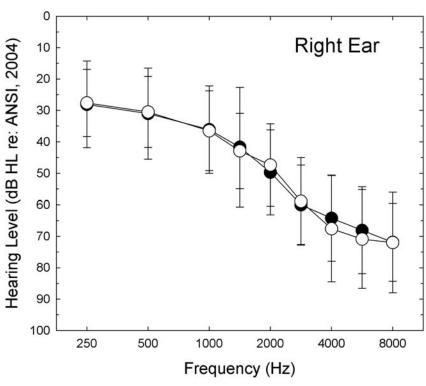
In the middle of the night, Fido suddenly developed a wild craving for the bone.

Expanded Set of Outcome Measures

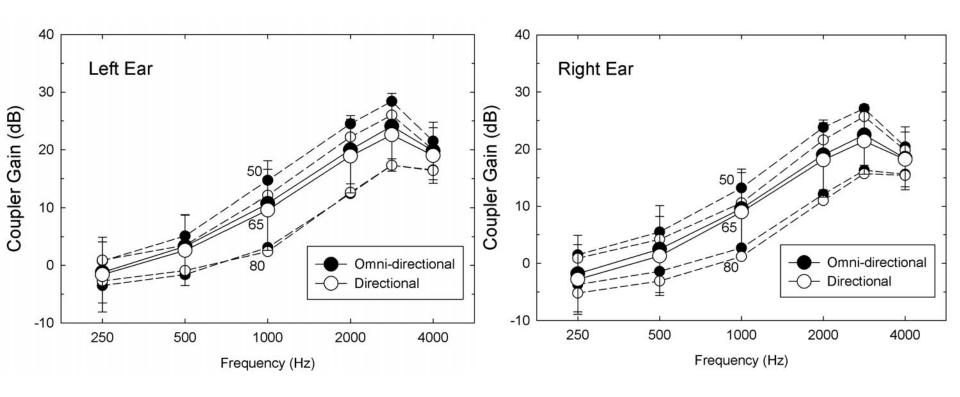
- In addition to outcome measures already noted (CST, HAPI, GHABP, HASS, use diary), added:
 - Satisfaction with Amplification in Daily Life (SADL)
 - Acceptable Noise Level (ANL)
 - Profile of Aided Loudness (PAL)
 - Judgments of Sound Quality (JSQ)
 - Adapted the "Functional Assessment of Non-Life Threatening Conditions" to hearing loss
- Measures obtained from wearers of 4-ch digital hearing aids, with about ½ receiving directional mic and ½ receiving omni-directional mic (wearer blinded as to mic setting)

Audiograms



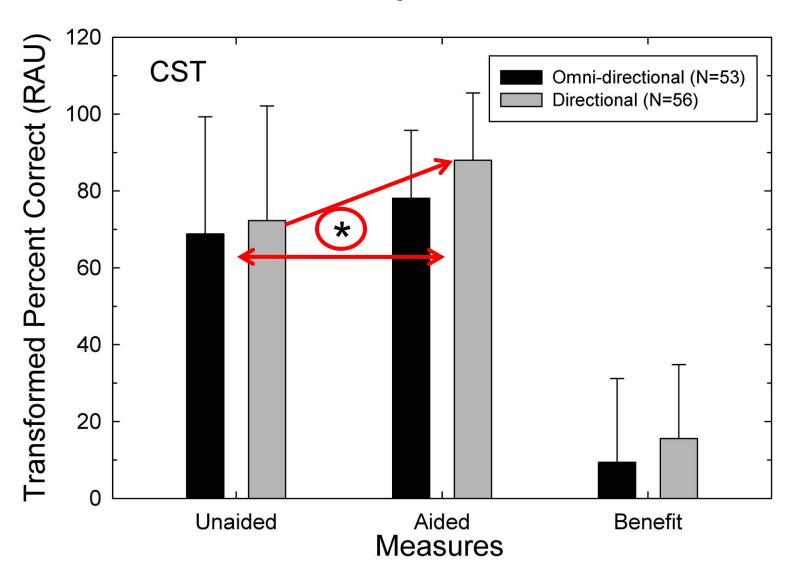


Hearing Aid Frequency Responses: Matched to NAL-NL1 targets

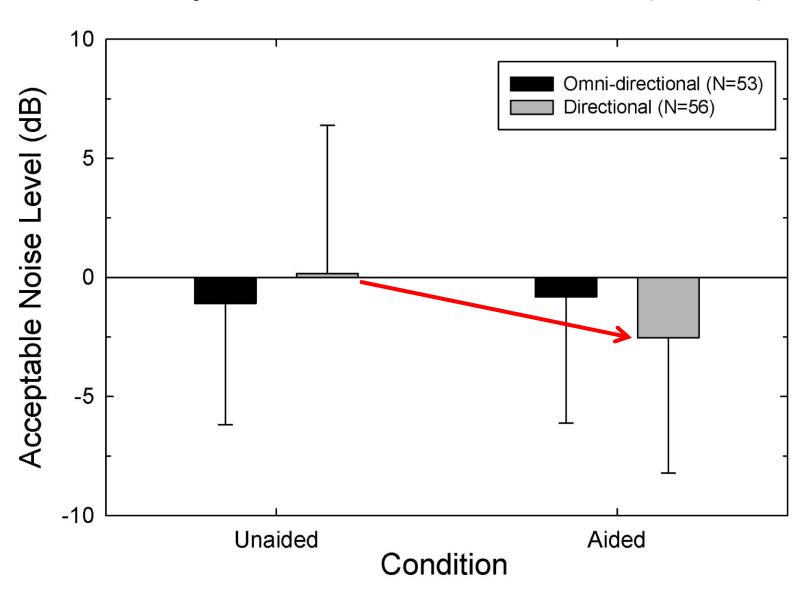


Group Results

Connected Speech Test (CST) 65 dB SPL, +8 dB SNR

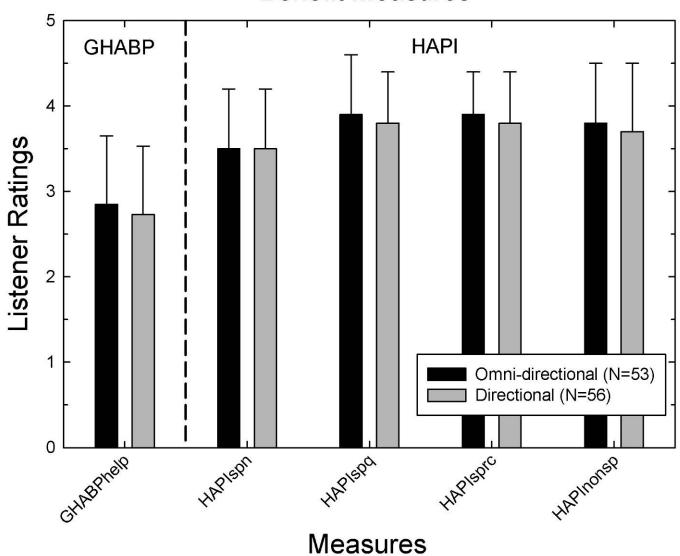


Acceptable Noise Level (ANL)



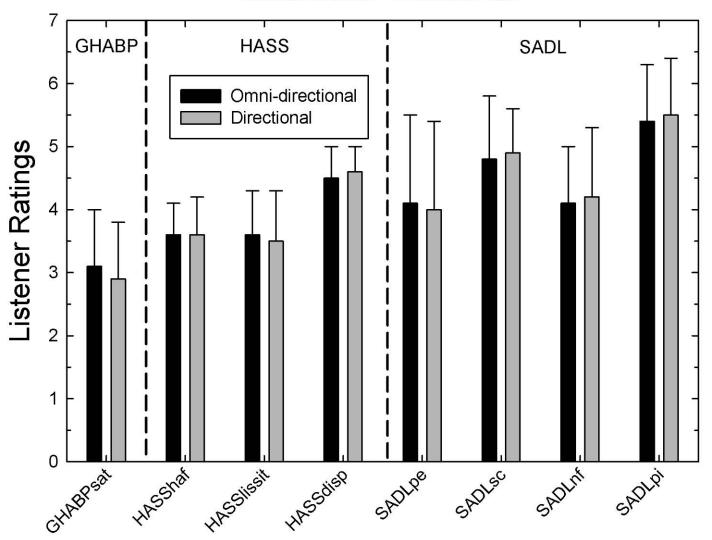
Self-Reported Benefit

Benefit Measures



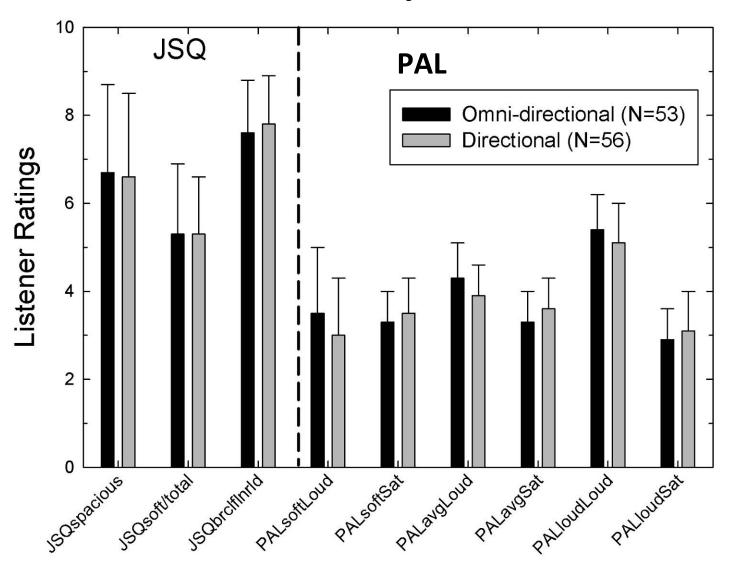
Satisfaction

Satisfaction Measures



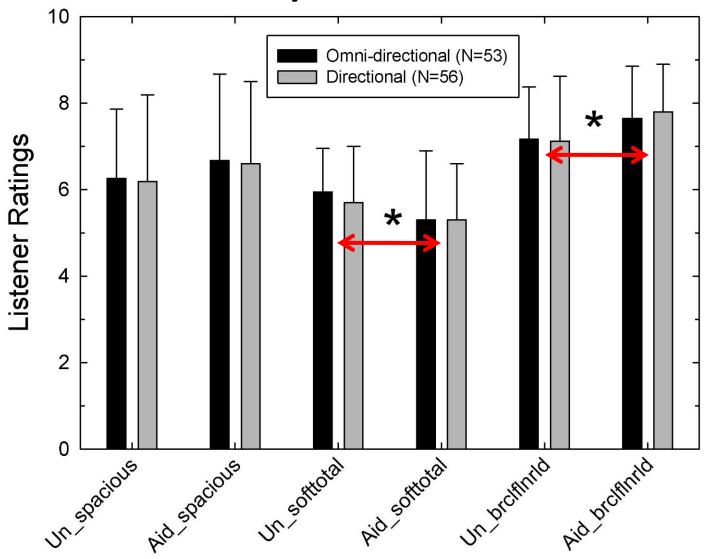
Measures

Sound-Quality Measures



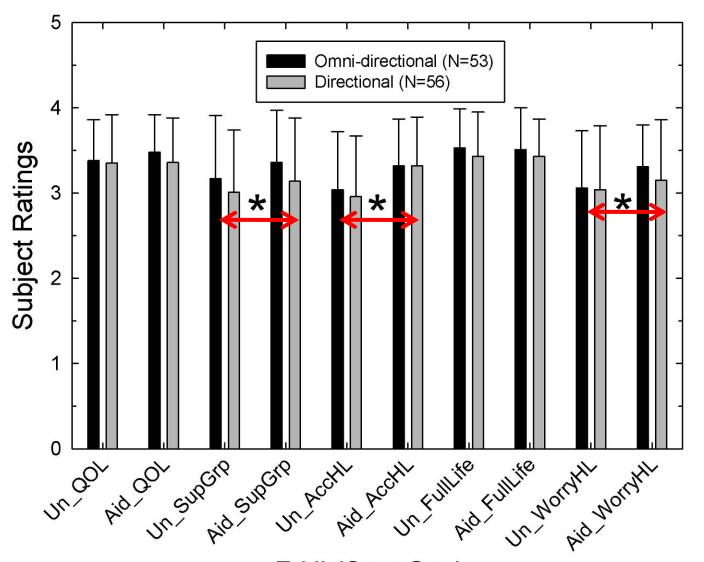
Measures

Sound Quality: Unaided & Aided



Sound-Quality Measure

Functional Assessment of Hearing Loss



F-HL/Com Scale

Functional Assessment of Hearing Loss

INSTRUCTIONS: Below is a list of statements that other people with hearing loss have said are important. By checking one (1) of the five choices available, please indicate how true each statement has been for you during the past 7 days.

SOCIAL/FAMILY WELL-BEING

1. I feel close to my friends.

2. I get emotional support from my family.

CHECK ONE

Not at all

A little bit

Somewhat

Quite a bit

Very much

CHECK ONE:

Not at all

A little bit

Somewhat

Quite a bit

Very much

Functional Assessment of Hearing Loss

SOCIAL/FAMILY WELL-BEING (cont.)

3. I get support from my friends.
4. My family has accepted my

hearing loss.

<u>CHECK ONE</u>:

Not at all Not at all

A little bit A little bit

Somewhat Somewhat

Quite a bit Quite a bit

Very much Very much

Interim Summary #2

 Adding a wider array of outcome measures did not result in greater evidence regarding the differential benefit of hearing aid technologies (in this case, directional mics)

 Further documentation of the general benefits of amplification, however, was obtained with these additional outcome measures.

General Summary

- Well-fit contemporary hearing aids show average outcomes which indicate that older adults:
 - find hearing aids to be helpful;
 - are generally satisfied with hearing aids; and
 - typically wear their hearing aids an average of 8 hrs/day
- Differences in technology, such as linear versus 2channel WDRC versus 4-channel WDRC, as well as omni-directional versus directional microphones, do not yield significant differences in outcome.

Acknowledgements

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