Overcoming Communication Predicaments in Later Life

Ellen Bouchard Ryan

Dept. Health, Aging & Society

Dept. of Psychiatry & Behavioural Neurosciences

McMaster University

Hamilton, Ontario, CANADA ryaneb@mcmaster.ca

OUTLINE

Communication Predicaments

Selective Assertiveness

Writing as Selective Assertiveness

Cross-Cultural Aging Stereotypes

- ❖ NEGATIVE Low Vitality
 - Low Competence
 - Poor health
 - Dependence
 - Past-oriented, Little future
- POSITIVE BenevolenceFriendliness, Helpfulness
 - Wisdom

Hiding Hearing Impairment Can be Risky for Older Adults

First impressions

 more negative of an older person communicating poorly when their hearing impairment not disclosed.

Ryan Anas & Vuckovich, 2007

PATRONIZING COMMUNICATION

FUNCTIONS

OVERLY CONTROLLING

OVERLY NURTURING

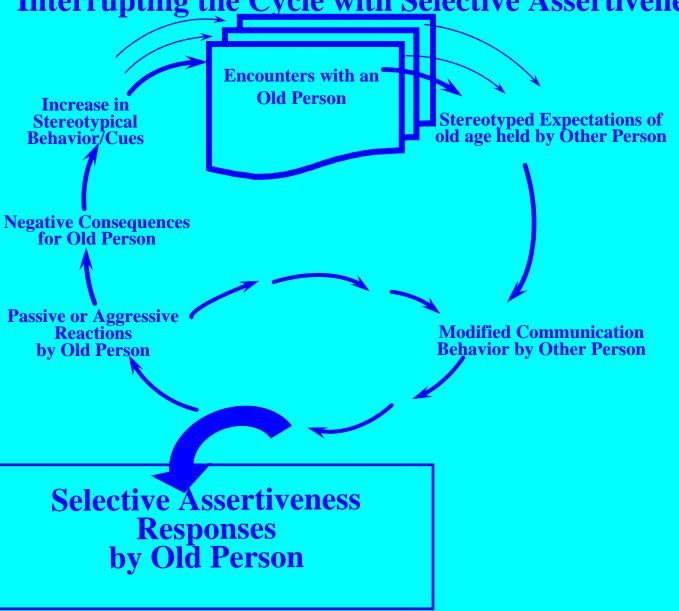
LANGUAGE

Overly familiar FORMS OF ADDRESS
SIMPLE VOCABULARY AND GRAMMAR
REPETITIONS
TOPIC MANAGEMENT

TONE OF VOICE

NONVERBAL BEHAVIOR

The Communication Predicament of Aging: Interrupting the Cycle with Selective Assertiveness



Tanta Becky

"I dasn't take dese medicine."

Illustrates Patronizing Talk and Impact of Low Expectations on performance of the older person

The people who avoid me, who try to help by telling every salesperson. that I am visually impaired, and who yell in my ear to make sure that I can hear them –

these actions no longer evoke my anger

The anger has been replaced with an inner smile of new secret knowledge.

I have won the battle within myself, and occasionally I give others something to think about.

Ryan et al. 2008 Conversational Scenarios

Who? Older woman with a visual impairment

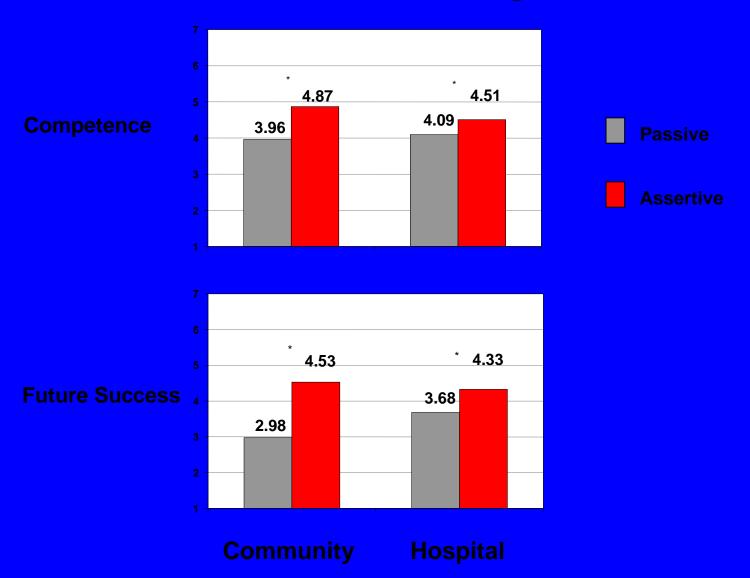
What? Denial of request for help with reading

Where? Community or Hospital setting

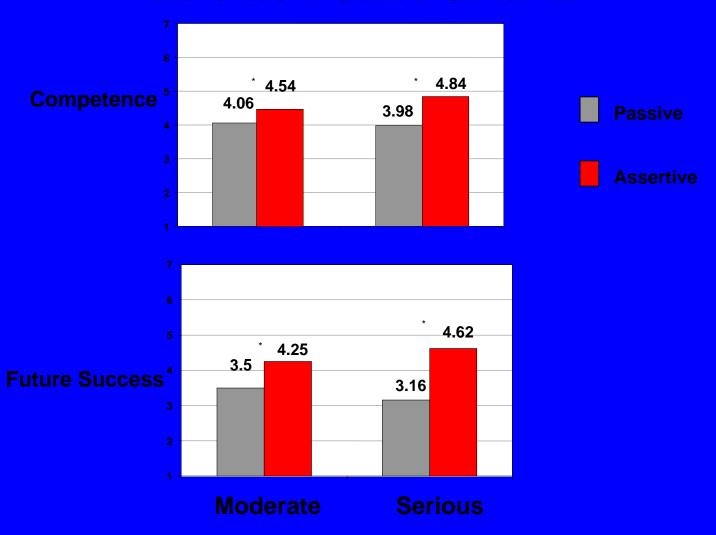
When? Moderate or Severe situation

How? Assertive or Passive response

Assertive Advantage as a Function of Setting



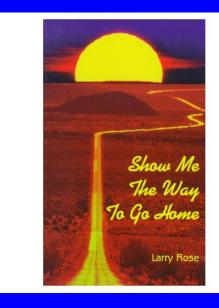
Assertive Advantage as a Function of Situation Seriousness

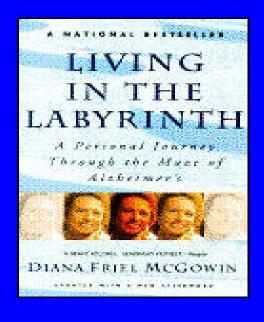


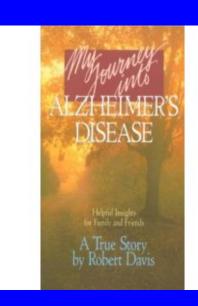
Writing as Selective Assertiveness – Telling my story my way



Author(ity) of Dementia Writers

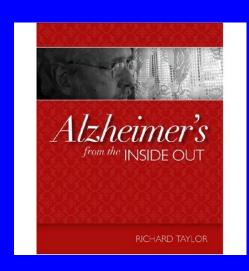


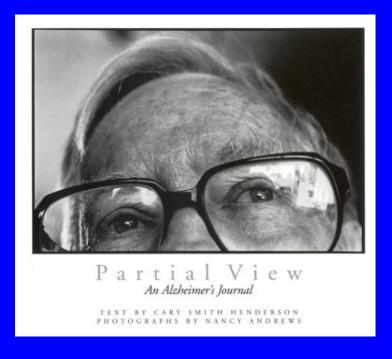




Looking Through My Grandmother's Lace Curtains



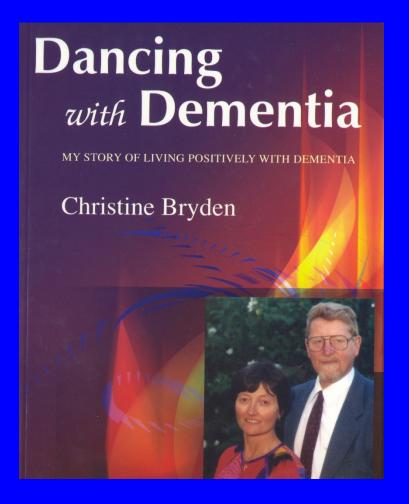




Partial View

I would love to see some people with Alzheimer's not trying to stay in the shadows all the time but to say, damn it, we're people too. And we want to be talked to and respected as if we were honest to God real people.

Henderson, 1998



"We are adjusting our dance steps to the changing melody of dementia, listening to the music within, as well as being encouraged by the supportive music around us."

Bryden, 2005

Clinical Messages

 Beware Automatic/Patronizing Reactions to Old People -- One word solution – LISTEN!

 Foster Selective Assertiveness by Older Persons

Support Writing by Older Persons